BERKELEY
PARK DISTRICT

Your Path to Fun!

FALL 2026 BROCHURE

BERKELEY PARK DISTRICT MISSION

The mission of the Berkeley Park District is to provide a safe outlet for recreational experiences, enriching our small community through the use of our local parks & facilities.

Berkeley Park District Board of Commissioners and Staff

Teresa Larem, President
Paul Smith, Vice President
Mari Carpenter, Commissioner/Board Treasurer
Rolanda Sudduth, Commissioner/Board Secretary
Gloria Denise Sada, Commissioner
Brian Ramsey, District Administrator
Sam Carlberg, Program Coordinator

Upcoming Board Meetings

September 2, 2026
October 7, 2026
November 4, 2026
December 2, 2026

All Meetings are scheduled at 6:30pm on the first Wednesday of the month, unless denoted (*), and are held at the Lind Park Field House, located at 1200 Lind Avenue, Berkeley, Illinois. All Park Board Meeting Agendas are posted on the building front door at the District's office and on the District's website at least 48 hours in advance as required under the Illinois Opens Meeting Act.

Berkeley Park District Locations

Berkeley Park • Northwest corner of Taft & Electric Ave • Berkeley, IL 60163

Lind Park Field House • 1200 Lind Ave • Berkeley, IL 60163

The Park District is always looking for volunteers who would like to help with special events and programs. If you are interested in being put on the volunteer contact list or if you have an idea for a program, a trip, a craft to share, a hobby to teach please contact Brian Ramsey at brianramsey@berkeleyparkdistrict.com.

BERKELEY PARK DISTRICT

708-544-1935

www.berkeleyparkdistrict.org

Instructor

Kate Hansen

Registration Deadline

Sunday, September 13

Your Fall Session Includes:

- 10 weekly, interactive classes led by a certified Music Together® teacher.
- The current award-winning music collection (songbook, download, and CD).
- Access to a wealth of online musical activities and resources for home.
- Flexible make-up classes, space permitting.
- A Music Development Growth Chart to track your child's progress.
- Our informative "How to Support Your Child's Music Development" guidebook.

Music Together® • Ages 0-5

Join us for the Bongos Song Collection this Fall!

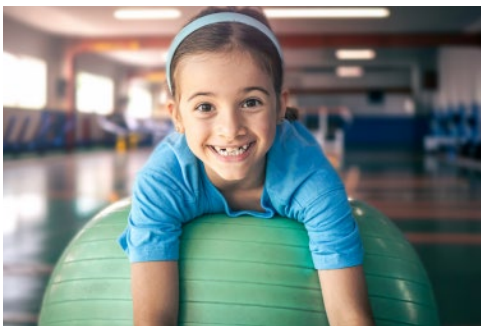
This fall, families will come together to sing, play, laugh, and learn with the Music Together Bongos Song Collection. The songs include lots of upbeat, active songs like "See How I'm Jumping," our take on the timeless nursery rhyme "Hey, Diddle, Diddle," and beautiful melodies such as the Japanese song "Hotaru Koi" and "Walking through the Woods." In addition to your weekly classes, your registration includes recordings and materials for you to use at home, including an illustrated songbook and access to the songs through the Music Together app.

Create lasting musical memories with your little one in our engaging mixed-age classes! Designed for children from birth to age 6 (infants thrive with early musical experiences!), our 45-minute weekly sessions bring families together for singing, dancing, instrument play, and pure musical fun. You'll be amazed by how much learning happens naturally!

Great News for Families: Siblings under 6 months and over 6 years attend FREE with a registered sibling (please register them online so we can include them on our roster – you won't be charged!).

Session Dates	Location
Sept 17 – Nov 19	Lind Park Field House
Day & Time	**Fee**
Thursday 10:00 – 10:45am	Resident First Child: $180 | Non-Resident First Child: $230 Resident Family: $210 | Non-Resident Family: $260

**For the purposes of this program, a family is considered to consist of two or more children.*



Instructor

Berkeley Park District Staff

Registration Deadline

Sunday, September 13

Beginner Tumbling • Ages 6-9 *(recommended)*

This tumbling program is designed for those new to tumbling and looking to build a strong foundation. Participants will learn basic skills such as forward rolls, backward rolls, balance work, and simple jumping techniques. Classes incorporate fun equipment like mini trampolines, springboards, and hula hoops, along with light conditioning exercises to help develop coordination, strength, and confidence. The instructor provides a safe and supportive environment where each child can learn at their own pace while staying active and engaged. Please wear appropriate athletic clothing.

Session Dates	Location
September 19 – December 5 *(No class on Oct 31 or Nov 28)*	Lind Park Field House
Day & Time	**Fee**
Saturday 10:30 – 11:30am	$35 per resident $40 per non-resident

Instructor

Berkeley Park District Staff

Registration Deadline

Thursday, September 10

Advanced Tumbling • Ages 10-13 *(recommended)*

This tumbling program is designed for beginners looking to build or refine their skills. Participants will learn fundamental tumbling techniques such as forward and backward rolls, cartwheels, handstands, and basic jumping skills. Classes also incorporate fun equipment like mini trampolines, springboards, and hula hoops, along with conditioning and fitness resistance exercises to build strength, coordination, and confidence. Our instructor provides a safe, supportive environment where each child can progress at their own pace while staying active and engaged. Please wear appropriate athletic clothing.

Session Dates	Location
September 14 – November 30	Lind Park Field House
Day & Time	**Fee**
Monday 5:00 – 6:00pm	$35 resident $40 non-resident

Instructor

Chicago Elite

Registration Deadline

TBD*

CHICAGOELITE
VOLLEYBALL CLUB

Chicago Elite Youth Volleyball • Ages 7-13

Chicago Elite Youth Academy is a co-ed development program designed to introduce children to the game of volleyball, as well as to help them build a solid foundation of playing skills in the sport. In this 4-week program, Chicago Elite Volleyball focuses on teaching a variety volleyball skills including; passing, setting, attacking, blocking, serving, defense, and other strategic movements to enhance your child's game. Players will be divided accordingly based upon their current skill level and age to be challenged accordingly. Each child will receive a t-shirt at the conclusion of the program from Chicago Elite Volleyball.

As the Park District doesn't have its own gym, we are currently working on securing the school's gym as in the past regarding dates and times that this program can be held. We encourage you to contact the Park District at 708-544-1935 to have your child's name added to our Interest List. Once the logistic have been completed, then the Park District can contact you directly through email and provide you with detail information and when to Register online.

Session Dates	Location
TBD*	MacArthur Middle School 1310 N Wolf Rd, Berkeley, IL 60163
Day & Time	**Fee**
Day TBD* 4:30 – 5:30pm (Ages 7-10) 5:30 – 6:30pm (Ages 10-13)	$100 per resident $105 per non-resident

**Please check berkeleyparkdistrict.org for updated program information.*

Introduction to Taoist Tai Chi® • Ages 18+

Taoist Tai Chi® arts grew from the Taoist tradition, which teaches that health comes when body, mind and spirit are one. Working on all aspects of the person, this moving meditation reduces stress and helps us find energy, balance and joy. Join us for this introductory six-week program and make sure to wear comfortable shoes and clothing!

Instructor	Session Dates	Location
Taoist Tai Chi Society®	September 2 – October 7	Lind Park Field House
Registration Deadline	**Day & Time**	**Fee**
Sunday, August 30	Wednesday 5:15 – 6:15pm	$35 per resident $40 per non-resident

Mid-Day Fitness • Ages 18+

Recharge your afternoon with this well-rounded workout designed to keep you moving and feeling strong. Classes combine low-impact bodyweight movements, mobility exercises, and stretching to improve flexibility and joint health. You'll also incorporate HIIT, resistance training, and light weight work to build muscle and burn fat. Suitable for all fitness levels, this class offers a balanced approach to strength and endurance specifically designed for senior fitness enthusiasts.

Instructor	Session Dates	Location
Kelly Hoekstra	September 14 – December 2	Lind Park Field House
Registration Deadline	**Days & Time**	**Fee**
Thursday, September 10	Monday, Wednesday 12:00 – 12:50pm	$45 per resident $50 per non-resident

Total Body Fitness • Ages 18+

Boost your strength, endurance, and overall fitness in this dynamic full-body workout. Using a combination of dumbbells and bodyweight exercises, each session is designed to challenge all major muscle groups while improving balance and flexibility. This class is great for all fitness levels, with modifications provided to match your pace and ability.

Instructor	Session Dates	Location
Tamara Notter	September 14 – December 2	Lind Park Field House
Registration Deadline	**Days & Time**	**Fee**
Thursday, September 10	Monday, Wednesday 6:30 – 7:30pm	$45 per resident $50 per non-resident

Yoga Strong • Ages 18+

Build strength, flexibility, and balance in this energizing yoga class. Each session combines traditional poses, mindful breathing, and gentle stretching to help you feel stronger, more centered, and refreshed. Whether you're new to yoga or looking to deepen your practice, this class offers a supportive environment for all skill levels.

Instructor	Session Dates	Location
Tamara Notter	September 14 – December 2	Lind Park Field House
Registration Deadline	**Days & Time**	**Fee**
Thursday, September 10	Monday, Wednesday 7:30 – 8:30pm	$45 per resident $50 per non-resident

Commit Dance Exercise • Ages 18+

Turn your workout into a dance party with this high-energy fitness class. This fun-filled, High Intensity Interval Training (HIIT) style workout blends dance routines with strength and cardio moves, set to upbeat pop music from around the world. It's a full-body workout that keeps you moving, sweating, and smiling from start to finish. No dance experience needed—just bring your energy and have fun.

Instructor
Nakisha Skinner

Registration Deadline
Thursday, September 10

Session Dates
September 15 – December 3
(No class on November 26)

Location
Lind Park Field House

Days & Time
Tuesday, Thursday
7:30 – 8:30pm

Fee
$45 per resident
$50 per non-resident

Zumba • Ages 18+

Get moving and have fun with this upbeat dance fitness class set to energizing Latin and international rhythms. Zumba combines easy-to-follow dance moves with a full-body workout, helping to build stamina, improve coordination, and burn calories while keeping a smile on your face. No dance experience is required, just come ready to move and enjoy the music.

Instructor
Nakisha Skinner

Registration Deadline
Sunday, September 13

Session Dates
September 19 – December 5
(No class on Oct 31 or Nov 28)

Location
Lind Park Field House

Day & Time
Saturday
8:30 – 9:30am

Fee
$35 per resident
$45 per non-resident

Senior Bingo Day • Ages 18+

Join us for a fun and social afternoon of bingo designed just for seniors. Enjoy friendly competition, great conversation, and chances to win prizes in a relaxed and welcoming environment. Light refreshments will be provided, making it a perfect opportunity to connect with friends and neighbors while enjoying a classic game.

Note: Please pre-register if planning to attend.

Registration Deadline	Session Date	Location
Sunday, August 23	August 26	Lind Park Field House
	Day & Time	**Fee**
	Wednesday 12:00 – 2:00pm	FREE!

Lotería • All Ages

Enjoy a lively evening of this traditional game of chance, beloved in Mexican culture and fun for all ages. Instead of numbers, Lotería uses colorful images on a deck of cards, making each round a unique and engaging experience. Prizes will be awarded to winners, and light refreshments will be served. Make sure to bring friends or family to join in on the fun of Lotería!

Registration Deadline	Session Date	Location
Sunday, September 6	September 11	Lind Park Field House
	Day & Time	**Fee**
	Friday 7:00 – 8:30pm	$5 per family

Back to the Future Outdoor Movie Night • All Ages

Great Scott! Join us for an unforgettable evening under the stars as we travel back in time with the classic film *Back to the Future*. Bring a blanket or lawn chair and enjoy a fun-filled night with family, friends, and neighbors at Berkeley Park. Whether you're watching for the first time or revisiting a favorite, it's the perfect way to enjoy an evening under the stars. Be one of the first 50 people to arrive and receive a FREE bag of popcorn!

Registration Deadline
Sunday, September 6

Session Date	Location
September 12	Berkeley Park
Day & Time	**Fee**
Saturday 7:30 - 9:30pm	FREE!

Harvest and Haunts Paint & Sip • All Ages

Celebrate the beauty of autumn and the fun of Halloween with a festive painting session for kids and adults alike! Our instructor will guide participants step-by-step as they create a two-foot wood board featuring a design of their choice—whether it's a colorful fall landscape, pumpkins, spooky décor, or a combination of both. Whether you're a beginner or an experienced painter, this relaxed workshop is a fun way to get creative, enjoy time together, and celebrate the season. All supplies are provided, and complimentary apple cider will be served to make the experience even more festive!

Registration Deadline
Sunday, October 4

Session Date	Location
October 10	Lind Park Field House
Day & Time	**Fee**
Saturday 1:00 - 3:00pm	Resident Child: $15 | Non-Resident Child: $20 Resident Adult: $20 | Non-Resident Adult: $25

Berkeley Pumpkin Carving Contest • All Ages *New*

Show off your creativity in the Berkeley Pumpkin Carving Contest! Carve your pumpkin at home and enter for a chance to win a special prize! Simply snap a photo of your finished creation and submit it by posting it on Facebook and tagging the Berkeley Park District, or by sending it directly to us via email or Facebook Messenger.

Throughout the challenge, we'll share participant creations on our Facebook page for the community to enjoy. Be sure to invite your friends and family to like and share your pumpkin! Throughout the contest, the community will vote for their favorite by liking any photo. The pumpkin with the most likes at the end of the voting period will be declared the winner. One like equals one vote, so every vote counts.

Whether you create a spooky masterpiece or a family-friendly favorite, we can't wait to see your pumpkin. Happy carving!

Entry Dates	Fee
October 14 - 28	FREE!
Voting Closes	**Winner Announced**
Thursday, October 29	Friday, October 30

Registration Deadline
Sunday, October 25*

Kid's Halloween Fair • 12 & Under

Before you take the kid's out to go "Trick or Treating", dress them up and bring them to the Berkeley Park District Fieldhouse for some Halloween FUN designed specifically for kids age of 12 and younger. Each child will be able to play a variety of carnival-style games to win candy prizes in a fun and safe environment. Plus don't disappear too soon as seating will be limited for our Magic Show; and the winner of our Costume Contest will be announced at approximately 3:45pm just before we let you run out into the dark and scary night to go "Trick or Treating on your own. Be safe & Happy Halloween!

Session Date	Location
October 31	Lind Park Field House
Day & Time	**Fee**
Saturday 2:00 - 4:00pm	$3 per resident child $5 per non-resident child
Registration Min/Max	
30/100	

**As requested, PLEASE sign up in advance on our website by no later than Sunday, October 25.*

Turkey Team Shootout with Memorial Park District • All Ages

Celebrate Thanksgiving with some friendly competition! In this cooperative event with the Memorial Park District, parent and child teams of two will pair up for a free throw shootout, working together to sink as many baskets as they can. The teams with the highest scores will take home a turkey, just in time for the holiday. A fun way to share some laughs, show off your skills, and enjoy a little pre-Thanksgiving spirit together.

Session Date	Location
November 21	Eisenhower Community Center 700 Speechley Blvd, Hillside, IL 60162
Day & Time	**Fee**
Saturday 3rd & 4th Grade: 9:30 – 10:00am 5th & 6th Grade: 10:15 – 10:45am 7th & 8th Grade: 11:00 – 11:30am	FREE!

Registration Deadline
N/A

Santa's Holiday Show • All Ages

Celebrate the magic of the season with a special visit from Santa! Families will enjoy a festive holiday show filled with laughter, music, and Christmas cheer before spending time with Santa for photos and a chance to share their holiday wishes. After the show, relax, mingle, and make lasting memories with family and friends. And don't forget, cookies are on us!

Registration Deadline
Sunday, December 6

Session Date	Location
December 12	Lind Park Field House
Day & Time	**Fee**
Saturday 2:00 – 3:30pm	FREE!

Refund Policy

The Berkeley Park District is committed to providing outstanding recreation programs, activities, and services that will meet with the satisfaction of our participants. However, the District recognizes that sometimes our programs don't meet with your expectations, or perhaps due to personal conflicts, you are no longer able to participate in a program. Therefore, the Board of Commissioners adopted a Refund Policy on 11/5/2025 to address any warranted refund request as posted on the district's website.

Cancelled Programs

The Park District hates having to cancel programs, but many of our programs require a minimum number of participants in order to warrant running the program. Please register in advance of the deadline date to secure your participation and to help us avoid having to cancel programs. However, refunds will automatically be generated to registered participants if the district cancels a program due to insufficient participant registration.

Commemorative Park Bench Program

BERKELEY PARK DISTRICT
1200 N. Lind Avenue, Berkeley, IL 60163
708-544-1935

A bench can be an attractive oasis in any park, and a commemorative bench adds beauty and permanence in honoring that special person, a loved-one, a group, or even an organization. In turn, that bench provides a unique and useful amenity to any park site where one can sit and relax, enjoy children playing, appreciate nature, or admire a beautiful sunset. Donate a park bench to enhance our local parks and create your personal sanctuary in remembrance and honor of someone that was special to you.

Park Bench Donation & Recognition

1) New Park Bench: The cost of a new Commemorative Park Bench is $2,500.00 which includes the purchase of the bench, installation, maintenance, the Commemorative Plaque affixed to the bench, plus a commemorative certificate that you can keep in recognition of your generous gift to the Park District.
2) Plaque Only: The cost to Commemorative Plaque on a pre-existing Park Bench is $1,200.00 which only includes the Plaque affixed to a pre-existing park bench, plus a commemorative certificate that you may keep in recognition of your contribution to the Park Bench Fund.

Special Consideration

- Allow at least 3 months for your bench to be shipped and installed.
- Orders will be accepted at any time, but benches will be installed based upon weather conditions from April – October only.
- All orders must be paid in advance before a bench is ordered.
- The location of your park bench will be determined by the Park District based upon need and/or availability.
- The style and color of the park bench will be determined by the Park District in order to maintain continuity of all park sites amenities and appearance.
- The Park District will be responsible for any maintenance of the park bench throughout its expected lifespan.
- After 5 years, the Berkeley Park District will not be obligated to replace the bench due to damage, vandalism, and extensive weathering.
- Although unlikely, the Berkeley Park District reserves the right to relocate and/or remove any bench as maybe warranted in the best interest of maintaining and/or further development of this park site.

An application form can be found on the District's website:
www.berkeleyparkdistrict.com

Commemorative Park Bench Prog. – Narrative Adopted Rev. 2026.07.08

Get 10% off any registration!

YOUR FEEDBACK IS IMPORTANT TO US!

Please take a few minutes to complete this survey and receive **10% OFF** your registration.

Let us know how we can better serve you!

Complete the survey here!

BERKELEY PARK DISTRICT

Rental Information

Lind Park Field House • 1200 N. Lind Avenue in Berkeley

This renovated building features a multipurpose activity room (approx. 50'x50') available for families, groups, or private events. It includes ADA restrooms and a small kitchen with limited access to a refrigerator, stove/oven, microwave, and double sink. The rental fee includes nine 8-foot tables and seventy-five chairs; however, set-up and take-down are the responsibility of the renter. The venue has a maximum capacity of 75 guests. Find more details at www.berkeleyparkdistrict.org. Rentals are not allowed on holidays or when Park District programs are scheduled. Reservations operate on a first-come, first-served system. To reserve, follow the steps outlined below.

RESERVATION STEPS:

1. Please call the Park District Office to verify if your date is available. Rentals are available on Saturdays only.
2. Visit the Park District's website at www.berkeleyparkdistrict.org to download both the Reservation Application and the Rules & Regulations.
3. Fill out the application form and call the District Office at 708-544-1935 to arrange a time to drop it off with your payment. Reservations require a deposit to secure your date.
4. Please ensure you pay the entire amount at least 7 days before your rental starts. Credit and debit cards are NOT accepted; all payments should be made by check to: "BERKELEY PARK DISTRICT".

Berkeley Park • At the corner of Taft & Electric in Berkeley

This 8.5-acre park, located in the heart of Berkeley, provides a variety of activities and events year-round. The newly constructed walking trail links directly to the Illinois Prairie Path and provides visitors with convenient access to numerous recreational facilities within the park including the Gazebo, Baseball/Softball Field, Tennis and Pickleball Courts, Sand Volleyball Courts, the children's Playground, and Picnic Shelter.

Berkeley Park Picnic Shelter • 5830 Kouba Drive in Berkeley

Picnic Shelter reservation forms are available for download on the Park District's website. Reservations can be made by following Steps as listed above. Any group larger than 15 must obtain a permit from the District Office. Reservations are available exclusively on Saturdays and Sundays, from April 1 through October 31. They are accepted annually on a first-come, first-served basis beginning April 1. Rentals are not allowed on holidays or when Park District programs are scheduled. A deposit of $100 is required to secure your reservation, and full payment must be completed no later than seven days before your rental date. The District supplies just seven picnic tables and restricts group sizes to a maximum of 100 people. The consumption of alcoholic beverages and smoking are strictly prohibited on Park District property.

DETAIL RENTAL INFORMATION & RESERVATIONS FORMS + RULES & REGULATIONS CAN BE FOUND ON THE WEBSITE:
www.berkeleyparkdistrict.org

REGISTRATION FORM

Name _____ Phone _____

Address _____ City _____ State _____ Zip Code _____

Email _____

Participants Name	Age	Program	Day	Time	Fee

PLEASE READ AND SIGN WAIVER BELOW IN ORDER TO PARTICIPATE IN PARK DISTRICT PROGRAMS.

Subtotal _____

Out of District Fee $5 per Class _____

FEE PAYMENTS – CHECK ONLY, PAYABLE TO: BERKELEY PARK DISTRICT

Total Fees _____

Early Registration Accepted – *Mail to:* Berkeley Park District, 1200 Lind Ave., Berkeley, IL 60163

WAIVER, RELEASE OF ALL CLAIMS AND HOLD HARMLESS AGREEMENT FOR BERKELEY PARK DISTRICT

Please read this form carefully and be aware that, in signing up and participating in the above program, you will be waiving and releasing all claims for injuries, arising out of this program, that you or the above participant might sustain, The terms "I", "me", and "my" also refer to parents or guardians as well as the participants in the program. In registering for the program, you are agreeing as follows:

As a participant in the program, I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full risk of any injuries, including death, damages or loss which I may sustain as a result of participating, in any manner, in any and all activities connected with or associated with such program. I further recognize and acknowledge that all athletic activities involving strenuous exertion or potential body contact are hazardous recreational activities and involve substantial risks of injury.

I agree to waive and relinquish any and all claims I may have as a result of participating in the program against the Berkeley Park District, any and all other participating or cooperating governmental units, any and all independent contractors, officers, agents, servants and employees of the governmental bodies and independent contractors, and any and all other persons and entities, of whatever nature, that might be directly or indirectly liable for any injuries that I might sustain while participating in the program. (The parties described in the preceding sentence are referred to as "released parties" in the remainder of this Agreement).

I do herby fully release and discharge the Berkeley Park District, and the other released parties, from any and all claims for injuries, including death, damage or loss which I may have or which may accrue to me on account of my participation in the program.

I further agree to indemnify, hold harmless and defend the Berkeley Park District, and any and all other released parties, from any and all claims resulting from injuries, including death, damages and losses sustained by anyone, and arising out of, connected with, or in any way associated with my conduct and the activities of the program.

I further understand and agree that the terms such as "participation", "program" and "activities", referred to in the Agreement, include all exercises and physical movements of any nature while I am participating in the program, and further include the provision of or failure to provide proper instructions or supervision, the use and adjustment of any and all machinery, equipment, and apparatus, and anything related to my use of the services, facilities, or premises involved in the program.

I understand the nature of the program for which I am registering, and have read and fully understand this Waiver. Release and Hold Harmless Agreement, I further understand that any advisements of warnings of the particular risks of this program that I subsequently receive will be incorporated by reference into and become a part of this Agreement.

_____ _____

Signature of Participant *Date*

_____ _____

_____ _____

Both Parents or One Custodial Parent, or Guardian Must Sign if participant is under age 18 *Date*

BERKELEY
PARK DISTRICT
1200 Lind Avenue
Berkeley, IL 60163

Presorted
Standard
U.S. Postage
PAID
Permit #1726

Scan here to be taken to our online registration page!

Top Quality *Amenities*

Lind Park Field House

1200 Lind Avenue

Main Location for Indoor Programs

Berkeley Park

At the corner of Taft and Electric Avenue

Pavilion, Baseball Fields, Sand Volleyball Courts & Tennis Courts